



JSC Photo 97-15561

# Healthy, wealthy (in safety knowledge terms) and wise

## JSC's second Safety and Total Health Day gets message across

JSC's Safety and Total Health Day was graced with beautiful weather for second year in a row on Oct. 15 as employees once again stood down from their daily tasks to reflect on their past year's efforts to remain safe and healthy and to learn more about how to stay that way for the coming year.

"I think it went great," said Larry Neu, co-chair of the Safety & Total Health Day Planning Committee along with Kelsey-Seybold's chief nurse, Lynn Hogan. "I think everybody picked up on the spirit of the day and tried to do some interesting, thought-provoking activities, and all in all I think folks got a lot out of the day. We had greater participation from the managers and their level of preparation was higher than the year before. A large percentage of the employees knew what the day was, what they were going to do that day and what their office's activities were going to be."

Hogan said employees appeared to enjoy the day, which achieved another aim, which was to provide some stress reduction and a good learning environment.

"Adult learners learn better when they need to know something," Hogan said. "They do better than if you set them down in a classroom and preach at them for an hour."

"I think it was just an amazing success, certainly from our perspective on health," Hogan said. "We had physicians at the Total Health table and people were asking really good

questions. People lingered at the Total Health tables, they didn't just grab something free and run away."

Photographers captured many of the activities at JSC and Ellington Field. From left to right, top to bottom:

1) JSC employees take advantage of the opportunity to give blood to the St. Luke's blood bank. Over two days, a total of 508 donations were received.

2) David Anderson, left, and Brent Goswick demonstrate how electricity will travel through a baseball cap at the Texas/New Mexico Power Company Arc Demonstration.

3) Runners get a good start for the fun run, which started much more smoothly this year, only five minutes late.

4) At the Employee Assistance Program Booth near Bldg. 7, Peggy Halyard keeps the long lines moving.

5) Mary Flores, left, and Renita Saikia proffer literature at the Child Safety Booth near B.13.

6) At the Space Flight Awareness Booth, Becky Derbonne, left, and Lois Walker hand out posters to visitors near Bldg. 16.

7) JSC Director George Abbey joins a group witnessing a demonstration.

8) At Massage Therapy Location No. 2 in the Bldg. 30 lobby, Reta Warren receives a relaxing massage from Rowan Twosisters of Finnacle Fingers Salon, which is located in Clear Lake.

9) Officer Raul Ibarra, left, hits the handle to

release Mark Welch as he slides to an abrupt stop at the Pasadena Police Community Service Crash Test Booth. Officer Glenn Deringer assisted.

10) At the Texas Society to Prevent Blindness Booth in the Bldg. 30 lobby, Imelda Otte, left, gives an eye exam to Margie Wood of Krug.

11) Texas Department of Safety Troopers Richard Vassar, with the hat, and Steve Hargett discuss public safety and the law with JSC personnel.

12) Webster Bicycle Booth volunteer Duane Johnson, standing, helps JSC engineers George Guirgis and Tomas Gonzalez try out a recumbent bicycle.

13) Vintage fire trucks are on display at the foot of vintage spacecraft at Rocket Park.

14) At the Sharp Object Damage Booth near Bldg. 17, Paula Beckstrom, left, and Jim Thornton display space gloves damaged during the STS-72 shuttle mission.

15) Visitors to Ellington Field find out how much heat and smoke are generated by an aircraft fuel spill fire.

16) JSC personnel sit on the lawn in the center mall listening to the Southern Cross Band play outside Bldg. 3.

17) The Southern Cross Band plays for the mall crowd.

18) At the Safety and Total Health Booth in the Bldg. 30 lobby, Pam Watson, left, and Leeann Harryman serve up popcorn to safety day participants. □



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